CRITICAL INCIDENT STRESS MANAGEMENT (CISM)


- A comprehensive, phase sensitive, and integrated multi-component planning system for crisis/disaster intervention.

- The most widely used disaster mental health continuum in the world. Adopted by United Nations in 2007 for use with its field personnel.

- CISM is a way of packaging and delivering peer support.
Crisis Intervention Tools

- One-on-One Peer Support
- Crisis Management Briefing
- SAFER-R Model
- Defusing*
- Debriefing
- Working with Mental Health Professionals (clinicians)
- Referrals
- Communication Techniques