That said, Crisis Intervention Can Cause Harm…

- Using deep uncovering techniques (don’t open a door you can’t close)
- Trying to solve a complicated problem with simplistic solution
- Dwelling too much on history
- Dismissing/normalizing severe reactions
- Over encouragement of catharsis
- Vicarious trauma in heterogeneous groups
- Blaming in groups
- Not matching interventions to needs of recipients
- Lack of specialized training is the biggest risk for causing harm