The Need

- Crisis intervention should be based on recognition of need, not strictly the occurrence of and event.
- Not all crisis interventions require CISM.
- Crisis intervention in wildland fire is delivered through Peer Support.
- It is important to get advice on what post-incident support would be appropriate as soon as possible.
Definition 1: A Critical Incident

Is not defined by the incident itself.

It is defined by the reaction of individuals and/or an organization to what occurred.

Not everyone will react the same way.
Minimize Effects and Promote Well-Being

CISM is designed to help people deal with their trauma one by allowing them to talk about the incident when it happens without judgment or criticism.

Designed to enhance natural resilience and provide specialized support to:

- **Lessen** the impact of the critical incident
- **Normalize** instinctive reactions to the incident
- **Encourage** the natural recovery process
- **Restore** the adaptive functioning skills of the person and/or group
- **Determine the need** for further supportive services or therapy
Exposure to Critical Incidents

- How affected they may be will depend on how we:
  - Prepared them through pre-incident education.
  - Instill resistance, resilience, and positive coping skills.
  - Respond and support both during and after a critical incident.