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## Objectives of Crisis Intervention

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- A **temporary short-term** helping process
- Designed to **stabilize and mitigate** the crisis response
- **Support** – not to “fix or solve”
- **Restore** to adaptive function
- **Identify** people who may need more help
- **Enhance** unit cohesion within a homogenous group
- **Facilitate** access to a higher level of care